

Strand 1 – Safety Home and Away
Strand 2 – Cooking
Strand 3 – Domestic
Strand 4 – Gardening
Strand 5 – Financial and Employment
Strand 6 – Healthy Living
Strand 7 – Caring for Living Things



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	My school	Myself	Clothes	Animals	Food and Drink	Transport
	Preparing to cook (Unit 1) To become familiar with the Life skills room and follow basic safety and hygiene instructions.	To explore and develop a morning routine beyond the school day Express a preference (first step towards becoming a critical consumer, exploring likes and dislikes) Prepare a basic snack (bread/toast with one or two toppings. (SL)	To recognise and label different clothes and explore clean vs dirty clothes. (See Laundry and Clothing skills ladder)	To learn how to care for animals and follow safety and hygiene instruction. To transfer the skills and knowledge to taking care of ourselves and our environment.	To explore various healthy foods(SL) To introduce 5 colour coded food groups.	Transport To practice road safety (SL) To look at 2 types of public transport (buses and overground) To
Year 2	People Who help us	Toys and Games	Friends and Family	Shops	Plants	Holidays
	Domestic Tidying a messy bed. Cleaning up after making bread Doing chores to earn rewards Little red hen	Preparing to cook Becoming familiar with extended range of utensils- dough, rolling pins, cutters etc. Make biscuits in the shape of familiar toys.	Making a treat, earning a reward by cleaning up before having a treat	Visit the local shop Café role play.	Plant and seeds indoors and then take them outside	My money week Going to the local supermarket Making a list beforehand for picnic.
Year 3	Pets	Light and Dark	Healthy Eating	Houses and Homes	Mini beasts	Water
	Knowing what living things need Know plants are living things too Check on chickens and plants – see how it's all growing	A healthy start to the day Morning and night time routines, Breakfast, teeth, washing Dinner bath/shower toothbrushing	Revisit healthy and unhealthy foods and introduce foods groups	Exploring a wider range of appliances in life skills room eg washing machine.	Explore and hunt for minibeasts Plant seeds	Healthy living Look at water and it's uses.
Year 4	Money	Helping Others	Seasons	Growing	Under the Sea	Space
	Online shopping and budgeting	How can I help at home booklet	Seasonal foods (and clothing.)	Learning how to drill and sow seeds out in the garden and plant in multiple rows outside, revisit minibeasts.	Cooking – What can we eat that comes from under the sea – tuna pasta, tuna sandwiches. Look at the environment issues around pollution in seas/oceans link to recycling.	Solar system pizza – working towards shared outcomes – making dried fruit in dehydrator – astronaut food Extending the types of cooking and equipment used

Year 5	Habitats	Materials	Travel	Extreme Weather	Fantasy worlds	Sports
	<p>Know that living things have different habitats. Know that we need to care for living things over time.</p> <p>Check on chickens and plants – see how it's all growing</p>	<p>Cooking (heating, freezing, dehydrating, rehydrating)</p> <p>Know that there are several different ways to prepare foods.</p>	<p>Looking at different foods from different countries and restaurants in the area with different foods</p> <p>Introduction to spices and ingredients – smelling, making choices etc</p>	<p>What clothes do we wear in extreme weathers? How do we care for our clothes?</p>	<p>Cake Wars</p> <p>To design, make and decorate a cake based on a character or scene from a book.</p>	<p>Self-care, personal hygiene, healthy eating, food groups, how much and why.</p>
Year 6	Relationships	Famous People	Healthy Living	Adventure	Changes	Moving On
	<p>Cup of tea and chat sessions, Harvest cooking in pairs.</p>	<p>Revisit and review budgeting. Do online shop. Famous/familiar brands. How do we feel about having to choose need over want if we earned the money?</p>	<p>Reinforce prior learning that healthy living involves a holistic approach.</p>	<p>Preparing Rainbow garden for spring sowing. Preparing for a holiday.</p>	<p>Preparing for moving on to high school and more responsibility. Supporting chn in transitioning to high school.</p> <p>Know that as we get older we will have more responsibilities in and out of the home.</p>	<p>Getting out and about in the community Tea and chat looking at our High Schools online, how to keep in touch with friends.</p>