

Resilient Independent Skilled Expressive  
We want our pupils to RISE

### RSHE Intent Statement

RSHE is taught in a developmental sequence throughout school from EYFS to KS2. It is differentiated and personalised according to individual maturation, levels of understanding and communication skills as well as social and emotional needs. It is taught cross-curricularly through PSHE, Science, P.E., Life Skills, Computing, Citizenship, Preparation for adulthood, themed planning, Thrive sessions, programmes/interventions aimed at promoting regulation, e.g. Zones of Regulation, Autism Level UP! (supported by the OT team), SaLT input (e.g. social stories, AAC support, Comic Strip Conversations) and PIP targets that correspond to pupils' EHCP outcomes. Our RSHE curriculum aims to equip pupils with knowledge, skills and positive values to have safe and fulfilling relationships, as well as to lead a healthy lifestyle. RSHE for pupils with SEND is part of life-long learning. We start with core skills such as requesting and rejecting as well as core concepts such as public and private. We use correct terms for the private parts of the body, and support pupils to develop an understanding of rights, relating to their bodies, rules relating to touch, positive friendships, respect and consent. As they grow older pupils are taught to recognise and understand changes in their bodies relating to puberty through discrete RSHE lessons and workshops in Years 5 and 6. We have developed our own 'Manor Growing up programme' to support our pupils to understand their emotional and physical development, as well as how to take care of their bodies.

Love – Learn - Laugh