

Resilient Independent Skilled Expressive  
We want our pupils to RISE

### PSHE Intent Statement

At Manor School PSHE, alongside Literacy and Maths forms our Core Curriculum offer. PSHE is interwoven in every aspect of school life. Our aim is to equip our pupils with the knowledge and skills needed to become healthy, happy, confident and responsible citizens. There are 3 main aspects to our PSHE curriculum: **Relationships, Health and Wellbeing** and **Living in the Wider World**. Through these our pupils will be supported to:

- develop the personal skills, values and self-knowledge necessary to exercise their rightful role as members of our ever-changing society and to become valued individuals with personal dignity
- acquire an awareness and understanding of self and their identities
- enhance their self-esteem through the acquisition of life skills, by exercising their interests and by celebrating their achievements
- develop the ability to recognise individuals and their own interdependence in society by building relationships and behaving respectfully
- form positive relationships/ friendships and appreciate the differences between individuals
- develop the ability to resolve conflict and repair relationships
- develop an awareness of their thoughts and feelings including the ability to regulate their own emotions and energy
- adopt attitudes towards a positive lifestyle

Love – Learn - Laugh